

Work Tobacco-Free Everywhere, Everyone

Why would you want your work environment tobacco-free?

1. Save Money

Employees who smoke generally cost employers more in workers' compensation, health care, and lost productivity. In addition, tobacco-free businesses can save money on cleaning costs, property damage, and fire insurance.

2. Increase Productivity

An employee taking four 10-minute smoke breaks a day will be away from his/her job for more than one extra week per year than a non-smoking employee.

3. Reduce Absenteeism

Smokers, on average, are absent from their jobs 2.3 more days per year than non-smokers.

4. Lower Your Liability

A tobacco-free work environment reduces the risk of lawsuit and disability claims due to secondhand smoke exposure.

5. Protect Your Employees' Health

Quitting tobacco reduces the risk of lung cancer, heart attack, heart disease and upper respiratory infections.

MISSION

To promote and to advocate for healthy tobacco-free lifestyles through public policy, education, and enforcement in Sarpy County.

VISION

To empower the community to advocate for reduction of tobacco use by changing norms. TFS will promote prevention and policy change through increased community education and awareness.

GOALS

- Reduce exposure to secondhand smoke.
- Reduce health disparities related to tobacco use in Sarpy County.
- Reduce youth access to tobacco.
- Reduce tobacco use within Sarpy County.

It's as easy as 1-2-3!

- 1 Take advantage of your current health plan.
- 2 Promote the free and confidential Nebraska Tobacco Quitline: 1-800-QUIT-NOW or QuitNow.ne.gov.
- 3 Implement and maintain companywide tobacco-free policies and initiatives.

There are many benefits to having a tobacco-free business for you, your employees, and your customers. For more information visit TobaccoFreeSarpy.org or call 402.593.3022.

Source: TobaccoHurtsBusiness.ne.gov, Accessed: September 27, 2013